



Clinical Information Access Portal

# Allied Health



The CIAP Allied Health Information Guide has been developed to provide information on allied health resources available on CIAP.

You can find it on CIAP  
[www.ciap.health.nsw.gov.au](http://www.ciap.health.nsw.gov.au)



NSW | eHealth

## Medication Information

Medications resources can be found by selecting 'Medications' from the left menu. To view an in-depth guide to Medications resources, click on the green 'More' button.

- **Australian Medicines Handbook (AMH)**
- **AMH Aged Care Companion**
- **AMH Children's Dosing Companion**
- **Micromedex\*** provides general information, drug interactions and IV compatibility.
- **MIMS Online\*** provides Australian medication information including Consumer Medicines Information (CMI), Product Information (PI), Pill ID and product images. MIMS also includes access to SHPA's 'Don't Rush to Crush' handbook.
- **Natural Medicines** provides high-quality, evidence-based information about complementary and alternative therapies, diets, exercise and nutrition.

## Evidence-Based Practice

Evidence-Based Practice resources can be found by selecting 'Evidence-Based Practice' from the left menu.

- **OTSeeker** contains injury management resources relevant to occupational therapy.
- **PEdro** is a physiotherapy specific resource that includes tutorials on appraising clinical trials.
- **speechBITE** is a database of intervention studies across the scope of speech pathology practice.
- **PsycBITE** is a psychological database for brain impairment treatment efficacy.
- **BMJ Clinical Evidence** contains systematic reviews of treatment options and interventions for a variety of conditions. Organised by topic sections including musculoskeletal disorders, oral health, sleep disorders and lifestyle.
- **Cochrane Library** includes the database of systematic reviews which contains many allied health related topics. Browse by topic at the bottom of the Cochrane homepage.
- **Joanna Briggs Institute** database provides systematic reviews, evidence summaries and recommended practices that describe and/or recommend practice on various clinical topics.
- **UpToDate** – an authoritative, evidence-based, clinical decision support resource that provides regularly updated summaries on a broad range of clinical topics.



## Diseases & Conditions

- **AMED** is a database of literature relating to allied health. It includes information on complementary medicine, physiotherapy, occupational therapy, rehabilitation, podiatry and palliative care. Available from 'Databases' in the left menu.
- **BMJ Best Practice**\* provides clinical information for diseases and conditions including a summary, diagnostic steps, treatment approaches, guidelines, evidence and patient follow-up. Available from 'Diseases & Conditions' in the left menu.
- **Harrison's Principles of Internal Medicine** is an authoritative textbook on internal medicine aimed at all healthcare professionals. It includes chapters on nutrition and weight loss, inflammatory and rheumatologic disorders, and metabolism. Available from 'Books & Dictionaries' in the left menu.
- **PEMSoft**\* provides clinical information for acute and chronic illness in neonates to young adults. Categories include growth and development, musculoskeletal, orthopaedics and sports medicine. Available from 'Diseases & Conditions' in the left menu.
- **ProQuest** is a database of literature relating to allied health, physical therapy, occupational therapy, nutrition, rehabilitation and alternative and complementary medicine. Available from 'Databases' in the left menu.
- **UpToDate** – an authoritative, evidence-based, clinical decision support resource that provides regularly updated summaries on a broad range of clinical topics. Available from 'Diseases & Conditions' in the left menu.



## Patient Education

Patient Education resources can be found by selecting 'Patient Education' in the left menu.

- **AccessMedicine** provides over 7,000 evidence-based patient education leaflets in nine languages covering medical conditions, treatments options and procedures. Also available from 'Diseases & Conditions' in the left menu.
- **BMJ Best Practice**\* provides over 200 evidence-based patient education leaflets. Click 'Resources' at the top right of the BMJ Best Practice homepage and select 'Patient leaflets' to view. Also available from 'Diseases & Conditions' in the left menu.
- **Therapeutic Guidelines (eTG Complete)** provides patient education handouts including range of motion and strengthening exercises. These can be downloaded and printed. Also available from 'Medications' in the left menu.
- **UpToDate** – an authoritative, evidence-based, clinical decision support resource that provides regularly updated summaries on a broad range of clinical topics. Also available from 'Diseases & Conditions' in the left menu.

## Continuing Education

- **OTSeeker** contains information on implementing evidence into practice relevant to occupational therapy. Available from 'Evidence-Based Practice' in the left menu.
- **PEDro** provides the latest clinical practice guidelines, systematic reviews and clinical trials for each area of physiotherapy. Available from 'Evidence-Based Practice' in the left menu.
- **speechBITE™** provides links to evidence-based practice related to speech pathology. Available from the 'Evidence-Based Practice' in the left menu.
- **CIAP eLearning Modules\*\*** have been designed to develop skills to locate evidence-based clinical information, generate an effective search and integrate evidence in practice.

- **CIAP Workshops\*\*** provides details of full day face-to-face workshops being held in locations in metropolitan NSW.



- **CIAP Live Online Training\*\*** provides details of short interactive training sessions where participants connect online and by phone with a trainer.
- **CIAP Userguides and Video Tutorials\*\*** provide printable userguides and short videos that introduce a variety of CIAP resources and explain the best way to retrieve information from them.

Additional information about how CIAP can contribute to your Continuing Professional Development (CPD) is available by clicking the 'CIAP for CPD' icon on the homepage.

*\*also available as a mobile app download.*

*\*\*available from the 'Learning Centre' link on the top of the CIAP homepage.*

## Mobile Resources

You can browse the CIAP website on your mobile device if you have an internet connection. You will require a 'My CIAP Account' to access the resources when browsing this way, which you can create from a work computer by selecting 'My CIAP Account' from the top menu on CIAP.

Many of the CIAP resources are also available via downloadable apps for your mobile device. Navigate to [www.ciap.health.nsw.gov.au](http://www.ciap.health.nsw.gov.au) on your device and select 'Mobile' from the top menu to see what's available.

## Need help?

Visit the Learning Centre at [www.ciap.health.nsw.gov.au/learning](http://www.ciap.health.nsw.gov.au/learning) to access user guides and video tutorials, elearning modules and training events. You can contact the CIAP team through the CIAP Helpdesk by visiting [www.ciap.health.nsw.gov.au/helpdesk](http://www.ciap.health.nsw.gov.au/helpdesk)

