The daily evidence digest collates recently released reports and evidence – provision of these links does not imply endorsement nor recommendation.

Easing restrictions, efficacy of masks, patient heterogeneity, herd immunity, telerehabilitation

Peer reviewed journals featured:

- A policy comparison of approaches to easing COVID-19 restrictions in the Asia Pacific and Europe [here](#)
- A systematic review on clinical features and outcomes of adults with COVID-19 [here](#)
- Cohort studies on:
  - COVID-19-associated hyperinflammation and escalation of patient care [here](#)
  - General practice healthcare usage in a deprived UK population during COVID-19 [here](#)
  - Inhaled corticosteroids and COVID-19-related mortality [here](#)
- A modelling study on COVID-19 and homelessness in England [here](#)
- A study on the role of type I IFNs in protective immunity against COVID-19 [here](#)
- A small experimental study on the efficacy of masks and face coverings in controlling airborne transmission [here](#)
- A case report on human recombinant soluble ACE2 treatment in severe COVID-19 [here](#)
- Editorials on:
  - patient heterogeneity in COVID-19 [here](#)
  - COVID-19 and herd immunity [here](#)
- Commentary on COVID-19 as a ‘syndemic’ not a pandemic [here](#)
- Perspective on the use of telerehabilitation for the management of spinal cord injury in a rehabilitation hospital in Norway [here](#)

Letters and correspondence discussed:

- An observational study on the performance of high-sensitivity troponin-T in the emergency department during the COVID-19 pandemic [here](#)
Guidance

- The National COVID-19 Clinical Evidence Taskforce updated recommendations and clinical flowcharts from here
- The Alberta COVID-19 Scientific Advisory Group released a rapid evidence report on immunosuppression and increased likelihood of COVID-19 here

News and blogs

- The health, wellbeing, and employment arrangements for people with “Long COVID” here
- The use of convalescent plasma in COVID-19 here

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