The British Medical Journal (BMJ) has published an insightful article looking at clinician and health care system resistance to the practice of evidence-based healthcare. The article outlines the two major contributing resistance presentations: Know-do-itis and no-do encephalopathy.

“Know-do-itis is the milder form and is characterised by multifactorial dysregulation of the know-do synaptic junction, impacting on an individual’s ability to translate knowledge into action.”

“No-do encephalopathy is a much more worrisome and progressive condition, marked by resistance to knowledge.”

Read the full article for more insight and to learn about the promising treatment opportunities looking to tackle the resistance.

The Question

This month’s question was “Should the use of e-cigarettes containing nicotine be allowed in Australia?”

This question was an opinion poll based on an article published in the Medical Journal of Australia (MJA) and the results will be published in the February CIAP newsletter.

In case you hadn’t worked it out from this week’s question, the use of e-cigarettes is a divisive issue in Australia. Some tobacco researchers and organisations have advocated for the use of e-cigarettes to assist quitting; however, the World Health Organisation (WHO) and many other government organisations do not support this use.

The concerns expressed are regarding the robustness of evidence for their efficacy as a cessation aid, product safety, tobacco industry action in the area, and the potential for e-cigarette experimentation in youth.

Read the full article for evidence from both sides of the discussion.

What is the Diagnosis?

This image was taken from UpToDate, where you can find thousands of medical images.

The image is displaying Traumatic spondylolysis of C2

Traumatic spondylolysis of C2 (so-called "hangman's fracture") is an unstable injury that occurs when the cervicocranium (the skull, atlas, and axis functioning as a unit) is thrown into extreme hyperextension.

To find this or another image, enter your search term in to UpToDate and then select ‘Graphics’ from the results.
Two New Resources added to CIAP

**Pulse IT**

Launched in 2006 to assist GPs and Specialists to better understand the technology they confront in their practices, Pulse IT now features an editorial platform and digital circulation that reflects the importance of holistic and comprehensive Health IT education and reporting.

**Dental Trauma Guide**

The Dental Trauma Guide is the world-leading, web-based tool for evidence-based dental traumatology. The Dental Trauma Guide is rooted in the University Hospital of Copenhagen (Rigshospitalet) and is a research-based non-profit organization. The site covers treatment guidelines for primary and permanent teeth.

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**App Spotlight — Micromedex Drug Interactions**

The Micromedex Drug Interactions app provides a comprehensive database of drug interactions and provides ratings on their severity.

It provides insight into why the drugs interact, how the interaction presents in the patient and recommendations for monitoring patient outcomes.

For more information, visit CIAP’s [Mobile help page](#).

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**CIAP’s Journal of the Month - Midwifery**

Midwifery publishes the latest peer reviewed international research to inform the safety, quality, outcomes and experiences of pregnancy, birth and maternity care for childbearing women, their babies and families.

To read Midwifery and more, go to Journals, which can be found on CIAP’s home page.

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**We’d love to hear from you...**

Tell us what we should discuss in the upcoming CIAP newsletters.

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**Upcoming CIAP Events**

**Live Online Training**
18 January | 10:00—10:45
BMJ Best Practice

29 January | 09:00—10:00
Introduction to Ovid
[Register Here](#)

**Workshops**
1 February | Essentials
Orange Health Service

19 March | Evidence-Based Practice
Nepean Hospital
[Register Here](#)

**In-services**
18 January | CIAP Essentials
Gosford Hospital

19 January | CIAP Essentials
Wyong Hospital
[View Here](#)

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