An article published by the Medical Journal of Australia discusses behavioural innovation as the key to improving the health of one million Australians currently living with type 2 diabetes.

Over 1.1 million Australians are living with diabetes, approximately 85% of whom are type 2. Author Jane Speight highlights that the Australian Government is currently spending $14 billion per annum on diabetes research, with the current focus of clinical practice being predominately around the screening of complications and prescribing, rather than changing human behaviour and providing psychological support.

Using behavioural innovation as a technique to address beliefs, burden and distress is highlighted as being a significant potential in improving long term physical and mental health, diabetes related distress, and associated stigma of people living with diabetes.

Read the full article to decide whether or not you believe behavioural innovation should be Australia’s focus in moving forward with improving the health of Australian’s living with type 2 diabetes.

The Question

This month’s question is: A 21-year-old male diabetic patient is brought to the emergency room for abdominal pain, nausea, and vomiting of 16 hours duration. On examination, you notice that his insulin pump has stopped functioning. Which of the following are likely to be associated with his presentation?

The correct answer is Increased serum ketones.

This question was taken from Access Medicine’s Review Questions which can be found in the Study Tools section located on the home page. This specific question was taken from the ‘Endocrine Physiology, 4e’ quiz. In order to access the full explanation and thousands of other educational review questions, go to Access Medicine and sign up for a free account.

Check out this Video Tutorial for an overview of what is available in the AccessMedicine suite.
Benefits of early versus delayed feeding in patients with acute pancreatitis are that:

- It may reduce hospital stay in patients with mild pancreatitis; and
- It was not associated with adverse events and may help reduce gastrointestinal symptoms.

This is taken from a short informative article published by 2 Minute Medicine on 18 May 2017. Click the link to read the full evidence behind the statement.

AccessMedicine publish 2 Minute Medicine updates on a daily basis which can all be accessed from AccessMedicine’s Quick Reference section located on the home page.

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**CIAP App Spotlight—Micromedex IV Compatibility**

The Micromedex IV Compatibility app informs of potentially dangerous IV combinations; provides drug-drug and drug-solution compatibility information including admixture and Y-Site details; and identifies other factors such as storage, container and drug stability.

Micromedex IV Compatibility is available from the App Store as well as the Google Play store.

For more information, visit CIAP’s Mobile Help page.

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**CIAP Tips and Tricks—AccessMedicine**

This month, CIAP is highlighting the video tutorial on how to use AccessMedicine.

This short video will teach you how to access, navigate, and best utilise AccessMedicine so that you can efficiently find relevant information, evidence, and educational practice tools for your speciality or field of interest.

To find this video and others, go to CIAP’s Knowledge Centre and select ‘Video Tutorials’.

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**We’d love to hear from you...**

Tell us what we should discuss in the upcoming CIAP newsletters.

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**Upcoming CIAP Events**

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Need help with CIAP?

Contact the CIAP helpdesk 24 hours, 7 days a week.

1800 824 279

or click on Support & Contact from the top menu on CIAP.