

UpToDate User Guide



UpToDate provides in-depth, evidence-based clinical content and analysis in over 22 clinical specialties, delivered in easy-to-search and easy-to-read formats.

Its many features include:

- Over 11,800 Clinical Topics
- Search by symptom, disease, procedure, lab abnormalities and drugs
- Summary and Recommendations panel for rapid view of selected topic
- Detailed content for expanded view of selected topic
- Dates of content and literature reviews, modifications and updates
- Graded evidence and recommendations
- Links to information about authors and editors
- Links to references
- Over 495,00 references
- Over 30,000 Graphics (tables, algorithms, photos, videos)
- Over 195 Medical Calculators
- Practice Changing Updates as new evidence becomes available
- 'What's New' providing important updates within specialty areas
- Capacity to track UpToDate usage for Continuing Professional Development (CPD/ CME)

You can find it on CIAP

www.ciap.health.nsw.gov.au



eHealth

Answer Clinical Questions with UpToDate®

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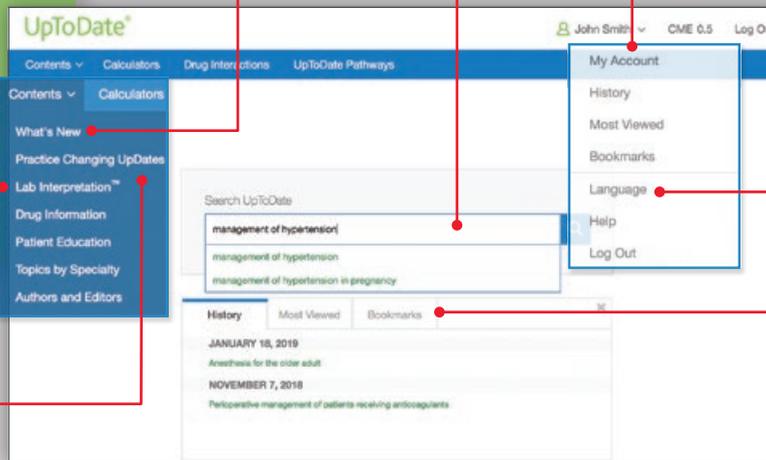
Enter a Keyword or Phrase

Be specific for best results.

Learn "What's New" by specialty.

Search with auto-complete.

Modify your user name and password or update your account information.



See a full list of Lab Interpretation™.

View Practice Changing UpDates (PCUs).

Search UpToDate topics in multiple languages.

Revisit information you find most valuable.

Prioritize the order in which topics appear on the search results page or filter your search over Graphics only.

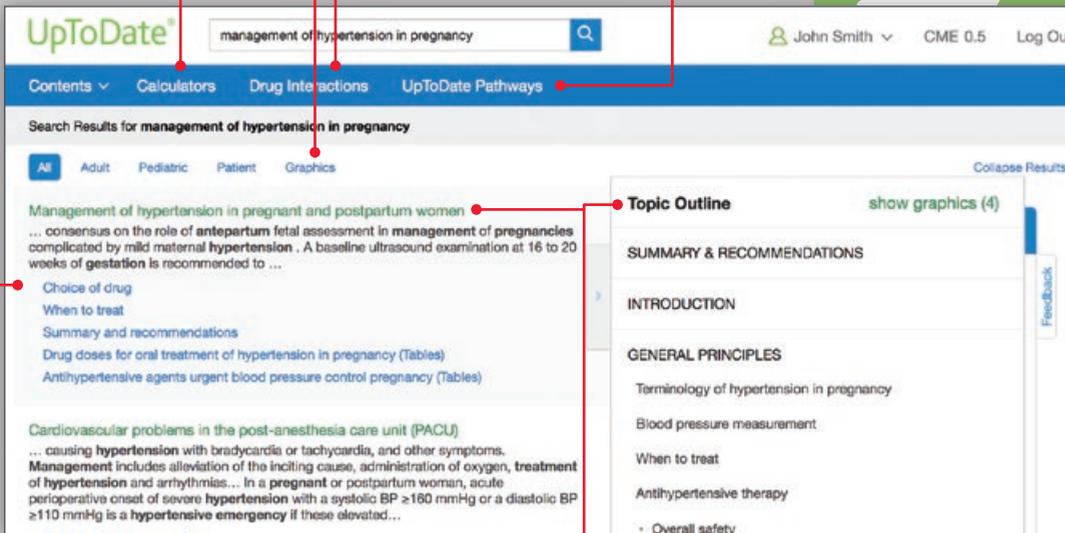
View list of UpToDate® Pathways by specialty.²

Calculate many different medical measures.

Access Lexicomp® drug interactions content.

2 Review Search Results

Results display the topics, sections and graphics that are most likely to answer your clinical question.



Personalize your view by collapsing or expanding results or hiding the topic outline.

Use subsections for easy navigation.

Hover over a topic to see the full topic outline
Click on a link to go to a specific section.

3

Research the Topic

Over 11,600 evidence-based medical topics provide the information you need for optimal patient care.

View a detailed outline within each topic.

Link to information about authors and editors.

Receive notification(s) of clinically significant change to topic.

Access patient education resources to share with your patients.

Accrue free CME/CE/CPD credits.

Share topics with your colleagues or patients.

Bookmark content for quicker access.

Print text, references, graphics or the entire topic.

Search for a word or synonym within a topic.

View the date that the topic was last modified, based on continuous review of the latest research.

Provide valuable feedback by submitting questions and comments to our editors.

Click to go directly to summary and treatment recommendations.

Click on a heading to go directly to the information you need.

View all graphics associated with a topic in a thumbnail format.

The screenshot shows the UpToDate interface for the topic "Management of hypertension in pregnant and postpartum women". At the top, there is a search bar with the text "management of hypertension in pregnancy" and a user profile for "John Smith" with "CME 1.0" and a "Log Out" button. Below the search bar are navigation tabs: "Contents", "Calculators", "Drug Interactions", "UpToDate Pathways", and "Pathways". A secondary search bar is also present with "management of hypertel" and a "Find" button, along with "Patient", "Print", "Share", and "Bookmark" options.

The main content area is titled "Management of hypertension in pregnant and postpartum women". It lists the author "Phyllis August, MD, MPH" and section editors "Charles J Lockwood, MD, MHCM, George L Bakris, MD" and "Deputy Editor: Vanessa A Barss, MD, FACOG". A "Contributor Disclosures" link is also visible. A note states: "All topics are updated as new evidence becomes available and our peer review process is complete." The literature review is current through "Dec 2018" and the topic was last updated on "Jan 30, 2019".

The "What's New" section highlights "Beta-blockers in pregnancy and risk for congenital heart defects (November 2018)", stating that "Use of beta-blockers during pregnancy has been associated with an increased risk for congenital heart disease in offspring, but..." and provides a "Read more" link.

The "INTRODUCTION" section begins with "This topic will discuss the treatment of hypertension in pregnant and postpartum women. Other aspects of pregnancy complicated by hypertension are reviewed in separate topics, including, but not limited to:" followed by a list of related topics:

- (See "Preeclampsia: Clinical features and diagnosis".)
- (See "Preeclampsia: Management and prognosis".)
- (See "Preeclampsia: Prevention".)
- (See "Eclampsia".)
- (See "Gestational hypertension".)

The "GRAPHICS" section is highlighted with a blue box and contains a "view all" button and a list of figures, including "Hemodynamic changes in normal pregnancy".

At the bottom right, a "Topic Feedback" button is visible.

Access related topics to find additional information.

Click to view a Medline abstract with full text when available.

Note: Visual depicts a registered user accessing UpToDate and accruing CME credit

UpToDate is accredited and recognized by colleges, associations, and authorities from around the world, and is a globally accepted information resource and learning tool. To see if you can use UpToDate to fulfill CME requirements in your country, or specialty, please visit www.uptodate.com/cme for the most current list of CME requirements. It is up to each user to determine whether his or her use of UpToDate qualifies for CME in any particular country/specialty.

¹ Lab Interpretation™ is part of UpToDate® Advanced™ which can be added to subscriptions for a fee. It is not available as a standalone product.

² UpToDate® Pathways is part of UpToDate® Advanced™ which can be added to subscriptions for a fee. It is not available as a standalone product.

Using the CME feature in UpToDate for CPD tracking

In order to accumulate CME/CE/CPD credits, you must be a registered user of **UpToDate** with a unique user name and password. This allows UpToDate to recognise you as an individual user so that CME/CE/CPD credit can be allocated to your account. To register for an **UpToDate** account, please refer to CIAP's **UpToDate Access and Registration Guide**.

To utilise the CME feature, you must be logged into **UpToDate** with your user name and password. It is advisable to log into your account each time you use **UpToDate** in order to accrue credits, whether at work, or using a mobile device.

For NSW Health users, CIAP recommends that the 'Time -based tracking' setting is selected. This will track the amount of time you spend searching and scrolling through clinical topics. The CPD credit you receive for time spent researching on **UpToDate** will depend on the specific requirements set down by your registration authority.

To enable 'Time -based tracking':

1. Log into your **UpToDate** account on any desktop computer
2. Select the **CME** option located at the top right corner of the page
3. Choose '**Time-based tracking**', then **Submit**. You may change this setting at any time using the left menu item: **View/Change My Settings**
4. You may view and print out your credits once you start to accumulate them, by selecting the '**Process CME**' option from the left hand menu of the CME page. You must have at least one month's activity to do this. You will be prompted to select only those hours actually spent on educational activities.
5. Add your **UpToDate** certificate to your CPD evidence diary

Note: While your CME credits will accrue while you are logged into UpToDate on any device, you can only set-up or change My Settings using a desktop instance of UpToDate.

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